

Foundational HEART RECOVERY and REPAIR Protocol

Typical Symptoms Post COVID Vaccine

- Shortness of Breath
- Light-Headedness
- Chest pain – stabbing or dull
- Chest tightness
- Electrical conduction disturbances
- Arrhythmias
- Fluid retention
- Exercise Intolerance
- Sleep disturbances (especially around 1am)
- Mood changes - especially depression, anger, and anxiety
- Migraines
- Mini-Clots
- Blood Pressure Changes

Major public health authorities, here in Australia and around the world, do not recognise post-COVID-vaccine injuries and there is no official definition of what a COVID-vaccine injury might look like. However, a temporal correlation between receiving a COVID-19 vaccine and the beginning or worsening of a patient's clinical manifestations is sufficient to diagnose a COVID-19 vaccine-induced injury when symptoms are otherwise unexplained by concurrent causes. (FLCCC)

There are a wide variety of injuries being reported within months of the COVID vaccine, with the most serious being inflammation of the heart, inflammation of the lungs, Guillain Barre Syndrome, severe Herpes flareups, debilitating migraines, regular covid infections producing more spikes, and chronic fatigue syndrome (viral reactivation and mitochondrial knock-out).

COVID Vaccines and infection cause damage and cytotoxicity directly to heart cells and also causes indirect injury via pro-inflammatory responses leading to tissue damage and a predisposition for clotting.

The nutrients below have been used extensively over the last two years to help people recover from myocarditis, pericarditis, and widespread cardiovascular damage. They also come with extensive research and therapeutic results as they have been used for decades as anti-inflammatories, antioxidants, and antiarrhythmics.

Heart Recovery/Repair Pack - Foundation

1. **CardioPro** (\$74.60) – *Magnesium Orotate, Taurine, CoQ10, Vit E, B3, B6, B12, Folate*. These are essential molecules for the repair of heart tissue, to reduce blood clots, and regulate heart rhythm.
2. **Ubiq-Evail** (\$92.45) – A special CoQ10 (*Ubiquinol*) which directly targets the mitochondria in damaged heart cells. This is the reduced form of Q10 that gets into your damaged heart cells.

3. **5000iu Vitamin D3 / K2** (\$39.00) – At least 15,000iu of Vitamin D is required to reduce spike damage, improve immune-mediation, and regulate auto-immune reaction to the spikes.
4. **Pure Resveratrol** (\$44.15) – Decreases blood platelet aggregation. Improves all facets of cardiovascular function. Powerfully boosts glutathione production.
5. **Curcetin** (\$57.30) – A synergistic formula to reduce pro-inflammatory cytokine activity in the heart and powerfully increases free radical scavenging to reduce oxidation and mitochondrial damage. Contains - *Curcumin, Rose Hip, Quercetin, Ginger, Black Pepper, Boswellia, and Green Tea EGCG*

Please add the Vaccine Detox Kit below if you have NOT done a detox after your COVID Injections. This is an essential part of your recovery to clear out/neutralise any circulating spike proteins caused by the mRNA insert and remove the graphene oxide, residual nanoparticles, and other chemical adjuvants contained in the Covid injection. These can all be causing ongoing inflammation in your heart (even 18+months after your last injection)

You can discuss your Detoxification needs further when you contact the Clinic to order your Heart Recovery/Repair Pack

COVID Vax / Spike DETOX Kit (\$165.15 to 232.15)

1. **NAC** - protection for lungs, mucous membranes, antioxidant, and neutralising of the spike proteins.
2. **Covid Jab Herbal Formula** 10mls daily (200mls 72.95 or 500mls 139.95) – liver detoxifier, Immune booster, antioxidant, DNA/genetic protection, anti-inflammatory, lung support for oxygenation/inflammation/excess mucous. (*PhytoMedicine ingredients – Cordyceps, Grifola, Ganoderma, Lentinula, Coriolus, Reishi, Elecampane, Mullein, St Marys Thistle, Schizandra, Cats Claw, Siberian Ginseng, Turmeric*).
3. **Post Vac Spray** – liver and lymphatic detoxification, neutralisation and removal of poisonous graphene oxide and spike proteins, binding and detoxification of other heavy metals and vaccine adjuvants, restoring correct cellular electrical charge and regeneration.

80% of all people using this Heart Repair Protocol have seen substantial improvements after 6 weeks, with a large number of those people getting a clear MRI from their Cardiologist after 6 months.

You can read more about the Post Vaccine Detoxification and Protection Protocol in the link below –

<https://naturopathics.com.au/covid-protocol/vaccine-detox-protection-protocol/>

Additional Support for Severe Vaccine Injury

For those patients that have severe reactions and/or stubborn myocarditis/pericarditis, there are a large number of available treatments we can use to accelerate your healing.

Using just a few of these in a targeted way can powerfully impact many inflammation pathways simultaneously to increase stem cells and promote heart cell regeneration.

These molecules include –

- ✓ Nigella seed
- ✓ C60 Fullerenes
- ✓ Fish oil, garlic, ginger as blood thinners
- ✓ Sweet Wormwood (Herbal ivermectin)
- ✓ Liquid Oxygen
- ✓ D-Ribose
- ✓ Nattokinase and Serrapeptase Enzymes (blood clot busters)
- ✓ Herbal antihistamines
- ✓ Mitochondrial Energy Optimisers such as NMN and NAD
- ✓ Nitric Oxide boosters
- ✓ N Acetyl Cysteine (powerful antioxidant)
- ✓ Magnesium Orotate
- ✓ Methylated B Vitamins
- ✓ Folic Acid for elevated Homocysteine
- ✓ Sulforaphane
- ✓ Dandelion Root or Leaf
- ✓ Autophagy boosters
- ✓ Polyphenol molecules
- ✓ Liposomal Glutathione
- ✓ Liposomal Vitamin C
- ✓ Heart Repair Herbs – Hawthorne, Cinnamon, Motherwort, Ashwagandha, Ginseng, Astragalus
- ✓ Pre- and Pro-Biotics for microbiome modulation and heart repair

HOW TO ORDER

Send us a list of what you want to order – individual products or the whole pack – and we will get in contact to get your payment details and delivery address. We deliver orders all around Australia and overseas.

1. Email – oxford@naturopathics.com.au
2. Text – 0431 091 191 (Alison)
3. Clinic phone – 07 3899 9155