

Clinical 'NO VACCINE' Pack

Nutritional & Herbal Protocol to help prevent covid viral infection and boost immune defences.

Information about your Covid Prevention/Protection Protocol

I prescribe this Protocol to all of us avoiding the jab and wanting to let our innate immune system do what it's supposed to do – to encounter viruses, bacteria, fungus, mould, parasites etc - fight them off, and then get a memory of them for future exposure and defence.

I have 5 medicines I prescribe to improve immune response to covid and to kill the virus if you come in contact with it. The following actions are essential –

1. ***Build Thymus Gland health and response.*** Our thymus gland has the job of storing and maturing our white blood cells and sending them forth to do battle with any pathogen we come in contact with. Our thymus gland atrophies as we age and by the time we reach our 40's and 50's we have lost nearly 40% of its activity and this accelerates over the coming years to nearly 80% loss in our 70's. It's vital that we stimulate this gland and help it function to its best capacity as we get older so we can fight all infections.
2. ***Stimulate bone marrow production of white blood cells, platelets, and red blood cells.*** We can do this by upregulating our stem cells, oxygen circulation, and antioxidant levels in the bone marrow.
3. ***Build up the numbers of our B & T cell antibodies.*** These are the main defences we have against the coronavirus and the white blood cells that give us natural immunity if we encounter covid.
4. ***Lower inflammation.*** This is crucial in the lungs, mucous membranes of the nasal passages, heart, blood vessels, and brain. If we encounter the covid virus, then these sensitive areas are robust and strong to defend themselves and keep infection in check. This lowers allergic reactions to the virus and limits the cytokine storm that elderly people and those with co-morbidities experience when they get infected.
5. ***Kill enveloped and non-enveloped viruses.*** Corona is an enveloped virus meaning the virus has a membrane/capsule around it that allows it to enter cells and replicate. These meds I provide can break that capsule apart and allow the immune system to recognise and destroy the virus.
6. ***Work as an antiseptic.*** To reduce viral numbers at the point of entry like the nasal passages and throat.
7. ***Neutralise and detox spike proteins*** caused by the virus or people shedding them around you after their own injections.
8. ***Increase the storage and circulation*** of antioxidants, minerals, and trace elements which are all essential fighting materials for defending against and defeating pathogens.
9. ***Limit/halt viral replication*** in the cells which then stops those infected cells bursting and infecting other cells around them.

At the same time as taking these nutraceuticals and PhytoMedicines, it is important to continue working on your fitness, eating an anti-inflammatory diet, getting plenty of sleep, and keeping your stress levels low. We know that infections get hold of us, or we only come down with colds or flus, when we are run down and depleted.

Now is the time to keep our health and wellbeing in top shape as borders open and covid moves through our communities. Covid is something we will live with for decades and will become just

another flu that does its rounds every winter. We know scientifically that as a virus mutates, the variants become more transmissible, but they become less dangerous and deadly.

The No Vaccine Protocol includes the following medicines –

- **Engystol Anti-viral Tablet** (\$41.15) – kills enveloped and non-enveloped viruses such as corona, influenza, herpes, RSV etc
- **Phytomedicine Liquid Immune Boosting Formula** (\$72.95 200ml or 139.95 500ml) – contains 14 Herbals specific to immune function and white blood cell activity – Andrographis, Astragalus, Elderberry, Cordyceps, Grifola, Ganoderma, Lentinula, Coriolus, Reishi, Elecampane, Cats Claw, Olive Leaf, Echinacea, Ginseng
- **C-Max** (\$44.90) – a special mix of 3 different Vitamin C's, immune co-factors, and zinc citrate to inhibit viral replication and reduce the cytokine storm.
- **Vitamin D3/K2 5000 IU** (\$39.00) – high dose Vitamin D with K2 in one capsule to build up immune response. 1000 IU is nowhere near enough Vitamin D to provide protection and lift blood levels above 125 where covid infection is a non-event (see my Facebook page for studies on Vit D for prevention of covid infections) – high doses are needed – even 15,000 to 20,000 IU daily might be needed in some individuals.
- **Hospital Grade Colloidal Silver** (\$31.60 200ml-53.10 500ml) – this can be used as a gargle and a nasal spray at any time you feel you have been in contact with a virus when you have been out in the community or if you feel like you have picked up a bug and are starting to fight it off.

I do have quercetin, melatonin, Russian pine needle tablets, Artemisia herb, immune boosting probiotics, and mitochondrial medicines available for people to use or have in their cupboard if you have the finances, however, they are not the core supplements that build immunity or kill covid as much as the highly researched supplements listed above. These additional nutrients can be used if you come down with the covid flu and have to hop into bed for a few days. I can give you the best dose to take of these extras as well – what is written on the bottle is often inadequate and needs to be increased to be truly therapeutic.

All of the medicines I provide are 'Practitioner Only' medicines that we use in Clinical practice. They are the ones used in the studies you read online and are a lot stronger and pure compared to those you buy off the shelf at the chemist or health food shop. They are only available on Script that is provided by a registered health professional, so you know you are getting the best medicines.

I provide you with a Script for these medicines listed above - how and when to take them. You then contact Alison (0431091191) or ring the Clinic and she will organise posting/couriering them to you from our Clinical Dispensary.

Feel free to pass this information on to your family or friends that are also concerned and want to look after their health.

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